



## Criteria For Research Funding

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One of the goals of the EFTi Research Team is to seek to provide resources for outstanding research into EFT, to enable its acceptance in mainstream organisations. To do this, researchers often need funding. This may be funding for a pilot study, through to funding for a random controlled study (RCT).

At EFT International, we have a small amount of funding available. We are also aware of some organisations that provide funding.

To access our funding, we need a certain amount of information. Based on the information you provide to us, we will consider your application and let you know the outcome. The EFTi Research Team meet on the second Wednesday of each month and we will let you know that outcome of your application shortly after the meeting.

The reason for asking for so much information is to get you to consider some of the details that are necessary for a well-designed study.

Please complete the EFTi Application for Funding, with the following guidelines:

1. **Name of Applicant(s):** This would usually be lead researchers name(s), as others expected to participate are requested later in the application form
2. **Title:** The title should state what the study is investigating and how it is investigating it. So, for example, the actual title of a study already completed and published was, “Online Delivery of Emotional Freedom Techniques for Food Cravings and Weight Management: 2-Year Follow-Up”. So we know from this title that the study is investigating EFT, we also know that it is investigating EFT online, and that they are investigating EFT for food cravings and weight management. In addition, this study is a follow-up study, as opposed to a pilot study, case study or RCT
3. **Name of collaborating institution:** Only complete if applicable, this may be a university or another professional body
4. **Your current relationship with this institute:** You may be a student, a lecturer, or be a member or just work for this institution

5. **Names and qualifications of researchers, and any others expected to take part:** We need to know who is proposing to investigate the subject and their relevant qualifications, including membership to professional bodies. We also need to know the names and qualifications of any therapists who will be participating, and any supervisors
6. **Aims and objectives of the study:** What you hope to find by investigating the particular cohort in the way you are. E.g. “We hope to find that using EFT for health anxiety will reduce the subjects attendance at their GP surgery” (In this case pre and post measures of visits to their GP during a specified amount of time would be recorded)
7. **References:** These should be submitted to show that the researcher has some evidence to show that there is a reason to fund this study. This may be case studies, pilot studies, or a previous study that has suggested in its discussion that this study would support their findings, or be a replication of their findings
8. **Type of study:** This may be a case study, a pilot study, a follow up study or an RCT
9. **Subjects:** Please identify who your proposed subjects will be. This may be people of a particular age group, gender, occupation, or those with a specific disorder, either physical or psychological
10. **How subjects will be recruited:** This may be through a medical setting, a private institution, a school, a youth group, university students, an occupational group that you have access to
11. **Outcome measures to be used:** A complete list of proposed measures to be used, including SUDs, with a brief rationale for the outcomes measures use. E.g. Pre and post test use of Becks anxiety inventory, (BAI)to measure anxiety
12. **Expected Outcome:** A brief description of the expected findings
13. **How the funding will be used:** Who will receive this funding, e.g. Therapist, assessor, supervisor. Be specific, for example “60hours of therapist time @ £30/hour to deliver individual therapy to 10subjects for 6 sessions”